

THE BREVE CLINIC is offering VIRTUAL music therapy sessions



FREE consultation for new clients

We all have time in our lives when we need some extra support - where things seem too much or we feel out of control. At times like these, seeking support from a professional music therapist may help.

Music Therapy is an established healthcare profession used in medical, school, and private settings to address a variety of issues including, amongst others ADD, anxiety, depression, pain, stress, self-esteem, trauma, grief, or transitions related to changing schools, divorce, or new health complication.

By engaging clients with an array of musical elements and techniques, we can address individual goals and specific needs. Activities may include interactive music making, group drumming, listening, singing, and songwriting. Whilst in-person shared musical experiences are key to our work, in order to provide support to clients during Covid-19, we have customised our services to offer virtual music therapy sessions via zoom, a secure videoconference platform. The fundamental principles of music therapy remain the same and we continue to work towards agreed upon therapeutic aims.

During this time, if you and your family are experiencing increased symptoms of anxiety, frustration, depression, or loneliness, or you want to find new ways to develop your creativity, music therapy sessions can provide a unique way to explore and manage these challenges. Our practitioners are all HCPC registered, and can provide services in English, French or Hebrew. An individualised plan will design to address your aims during a free consultation for new clients

For more information please visit thebreveclinic.com, or to book a free consultation
in English, call Amanda on 07802 527786, email thebreveclinic@gmail.com
in French, call Marion on 07877 807344, email thebreveclinic.marion@gmail.com
in Hebrew, call Yair on 07986 873254, email thebreveclinic@gmail.com

We look forward to hearing from you,
The Breve Team

*"Music gives a soul to the universe, wings to the mind,
flight to the imagination, and life to everything"*
Plato