



“Where do I begin ...?” Exploring meaning with clients through words and music.

A one-day workshop with facilitators Bob Heath & Jane Lings

On: 12th October 2019 from 10.00 – 4.30

At: MusicSpace , The Southville Centre, Beaufey Rd, Bristol BS3 1QG

Cost: £90 (book early - limited spaces available)

For more information or to book: handlmusictherapy@gmail.com

As therapists we become familiar with supporting clients as they attempt to find meaning in what are often very difficult and challenging circumstances. In the emerging dialogues we will often encounter their stories, melodies, pictures, their shapes and their structures; indeed the very essence of the human motivation behind creating songs.

In this one-day workshop we will explore a range of creative approaches and techniques that can support the therapeutic songwriting practice. These will include creative writing techniques, lyrical creation and seamless processes that can lead from improvisation to composition.

Bob Heath and Jane Lings are experienced music therapists with over 40 years combined practice. They have been teaching therapeutic songwriting in the UK and overseas since 2005 and continue to promote and develop their approach to this work.

Coffee/tea/biscuits etc will be provided. For lunch there is a café next door or bring your own lunch.

